

**Precious Jewels Early Learning Centre – AM Snack Menu (September 2023)**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Week 1</b>	Cereal Milk/Water	Toast Boiled Egg Milk/Water	Banana Bread Fruit Milk/Water	Oatmeal Fruit Water	Cereal Milk/Water
<b>Week 2</b>	Pancakes Fruit Milk/Water	Oatmeal Fruit Water	Cereal Milk/Water	Boiled Egg Toast Milk/Water	Cereal Milk/Water
<b>Week 3</b>	Apple Zucchini Bread Milk/Water	Crackers Cheese Milk/Water	Eggs Toast Milk/Water	Oatmeal Fruit Water	Cereal Milk/Water
<b>Week 4</b>	Boiled Egg Toast Milk/Water	Pancake Fruit Milk/Water	Oatmeal Fruit Water	Toast w/jam/butter Fruit Milk/Water	Cereal Milk/Water

Changes may be made according to availability of items.